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**JOB DESCRIPTION FOR**

**Community Hub Mental Health and Dementia Peer Support Worker**

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Job Title: Community Hub Mental Health & Dementia peer support worker

Responsible to: Community Hub Project Lead

Accountable to: Operations Director and Board of Trustees

Location: The Snug, Greenleaf Road, E17 6QQ

Hours: 22.5 hours a week on Wednesday, Thursday and
Friday

Salary: £13.85 per hour (£311.63 per week)

**BACKGROUND TO THE JOB**

CREST Waltham Forest has delivered community mental health projects in the borough for more than 2 decades. It currently delivers a well-being café in South Chingford 1 day a week and The Snug a peer-led community project located in central Walthamstow. The latter started in September 2023 and from 2025 will extend its opening times from 2 days a week to 3 days a week due to high demand to access the project. This project has a strong focus on the delivery of workshops, activities and training being delivered by people with a lived experience of mental illness or are a carer. In addition, there is a dementia day care project currently operating two days a week in central Walthamstow

**AIMS AND OBJECTIVES**

1. To provide a welcoming, safe environment for adults over 18 years who experience mental ill-health as well as residents newly diagnosed with dementia or memory loss
2. Support them to access an activity, workshop or social activity of their choice
3. Work with the Community Hub Project Leader to design activities for newly diagnosed dementia residents
4. Work with professional staff in both primary and secondary care whose clients experience mental illness and/or dementia
5. Understand some of the barriers to both physical and mental well-being which includes financial difficulties, housing problems, debt and social isolation
6. Work closely with the Community Hub Project Leader to ensure there is engagement from high priority groups that includes:
* People from ethnically diverse backgrounds
* People living with a long term physical and/or mental health condition
People experiencing social isolation
* Carers

**MAIN DUTIES AND RESPONSIBILITIES**

* To develop a rapport and therapeutic relationship with Snug members within a model that is person-centred and that is at the heart of all work
* To provide regular and practical support to members in developing and managing their independence whilst maintaining their dignity and self-respect
* To accept new referrals and create a safe, welcoming and non-judgmental space where members can feel relaxed and take responsibility over time for their own mental well-being
* Ensure that data monitoring is up-to-date in line with any deadlines identified by the Hub Community Project Leader
* Be familiar with wellness assessments alongside the use of the social inclusion web (full training on using these will be made available)
* Be responsible for managing your own workload as an individual and also as part of a team
* Commit to own personal development and attend training as required
* Support and supervise volunteers
* Work closely with the Hub Community Project Leader to promote the service across the borough
* Deputise for the Hub Community Project Leader where necessary to ensure the project remains open
* Identify opportunities for new peer support groups, workshops, activities including social activities
* Encourage and support members to access mainstream activities of their choosing
* Support the Community Hub Project Leader to develop a programme of activities/workshops/training as identified by the members
* Develop with the Hub Project Leader a quarterly newsletter
* Work closely with the experienced Dementia Support worker to ensure newly diagnosed residents can access the project at least one day a week
* Work closely with the experienced Dementia Support worker to enable intergenerational activities to take place on a regular basis